

YOUTH SAILOR DEVELOPMENT

Role of club, region, class and federation

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Agenda

FTEM System

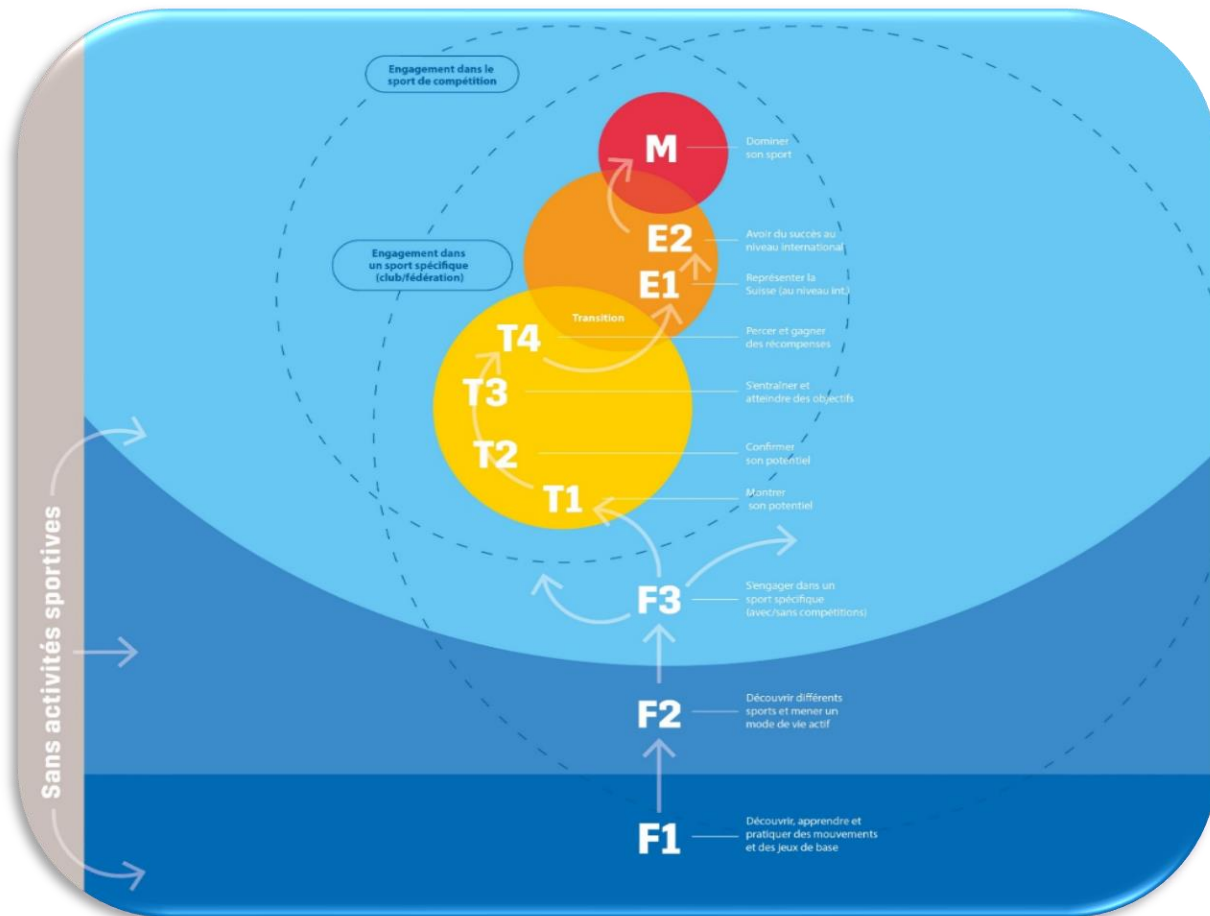
- FTEM in sailing
- Sailor pathway
- Selection processes
- PISTE System, from F3 to T1
- Talent Scout Camp, from T1 to T2
- Cadre reglement, from T2 to T3/T4

Synergie in the structure

- Foundation, a key role for clubs and classes
- Talent T1 – regional cadre
- Talent T2 – Talent Pool
- Talent T3 – Youth Team U19 classes
- Talent T4 – Youth team Olympic classes
- NWF System
- How do we reach our goals?



FTEM



Voile

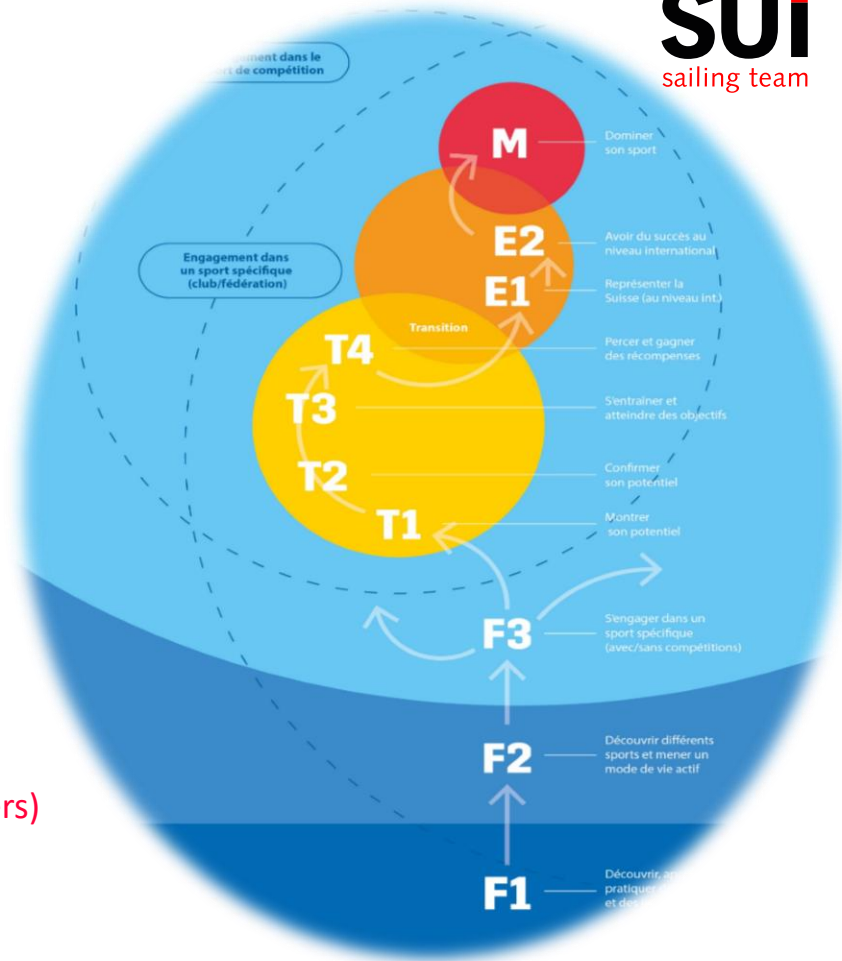
www.swiss-sailing.ch / www.swiss-sailing-team.ch
[FTEM Fédération](#)

Structure du parcours des athlètes dans le sport de performance

FTEM	Foundation			Talent				Elite		Mastery				
Phase	F1	F2	F3	T1	T2	T3	T4	Transition	E1	E2	M			
Mots-clés	Découvrir, apprendre et pratiquer des mouvements et des jeux de base	Découvrir différents sports et mener un mode de vie actif	S'engager dans un sport spécifique (avec/sans compétitions)	Montrer son potentiel	Confirmer son potentiel	S'entraîner et atteindre des objectifs	Percer et gagner des récompenses		Représenter la Suisse (au niveau int.)	Avoir du succès au niveau international	Dominer son sport			
Compétitions internationales								CE, CM, JO						
									U21/23 CE, U21/23 CM					
							U19 CE, U19 CM, WS-YWC*, YOG							
						U17 CE, U17 CM								
Cards / structure des cadres														
Volume d'entraînement hebdomadaire en heures														
Compétitions par année														

■ Spécifique au sport (entraînement & compétitions) ■ Condition physique (force, souplesse, coordination) ■ Autres activités sportives (sport scolaire, activités polysportives, entraînement complémentaire)
 *WS-YWC = World Sailing Youth World Championship

- Youth team T4 Olympic Classes 10 athletes
- Youth team T3 U19 Classes 10 athletes
- Talent Pool T2 29 athletes
- Regional Cadre T1 271 athletes
- Club level F3 739 athletes
- F1/F2 Level 2149 athlete
(U19 sws members)



Selection processes

From F3 to T1 - PISTE System

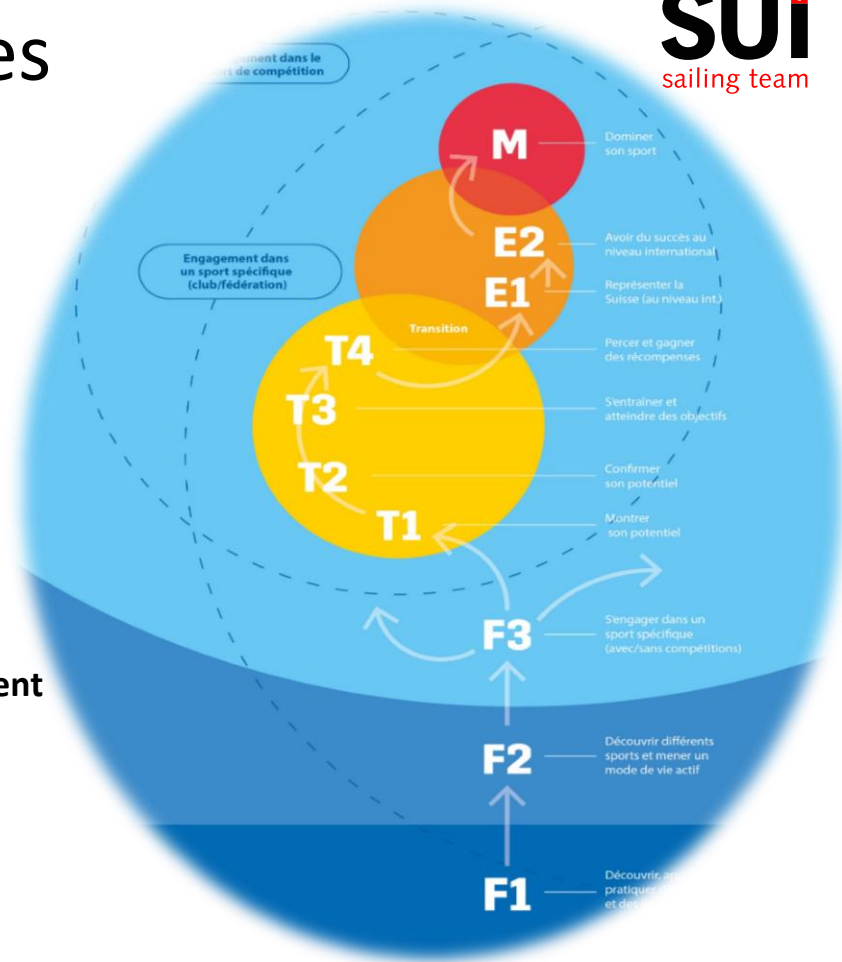
- Approved directly by Swiss Olympic
- Provide the SOTCR
- Overview of the regional level
- Contact moment between Clubs and Region

From T1 to T2 - Talent Scout Camp

- Selection for the Talent Pool T2
- Provide the SOTCN

From T2 to T3/T4 and elite level - Cadre reglement

- Approved by SST Sel. Committee
- Based on the results
- Way to the Olympic classes



PISTE System

From F3 to T1

- Organize by SwS in collaboration with the NLZ and the regions
- All the sailors from 12 to 18 years old
- Analysis time from January to October
- Criteria approved by Swiss Olympic

Critères de sélection	Talent Pool / Cadre Régional
	Pondération
1. Évaluation environnementale et « planification de carrière »	Prérequis obligatoire
2. Performance aux compétitions	50%
3. Appréciation des entraîneurs	20%
4. Test sportif	20%
5. Feedback final au TSC ou du Talentscouter régional	10%
6. Engagement en faveur de Cool&Clean et Antidoping.ch	Mesure obligatoire pour les détenteurs de la SOTC

Talent Scout Camp (TSC)

From T1 to T2

- Take place usually during the first weekend of October
- U19 classes: ILCA6, 29er, 420, IQFoil, Nacra 15, Formula Kite
- Organize at the NLZ in Lausanne
- Testing time
- Teaching time
- Selection for the Talent Pool – T2



Cadre reglement

From T2 to T3/T4

- The selection is done by the Sel. Comm. in the end of October
- Based on the results at the WC and EC
- Dedicated fitness test at the NLZ
- **T3** U19 classes: ILCA6, 29er, 420, IQFoil, Nacra 15, Formula Kite
- **T4** Olympic classes: ILCA7 Male U21, ILCA6 Female U21, IQFoil U21, Formula Kite U21, 49er/49erFX U23, Nacra 17 U24, 470 U25

Tableau 1: Critères internationaux de performance Youth Team / Résultats dans les premiers % du classement du CE Juniors, CM Juniors ou du Youth Sailing World Championship (YWSC), resp. des classements juniors correspondants du CE et du CM.

Youth Team FTEM	U17	U18	U19	U20	U21
T3	40%	25%	15%	–	–
T4	–	–	40%	25%	15%

6.2 RÈGLEMENT PISTE

Pronostic intégratif et systématique par l'estimation de l'entraîneur

[PISTE-Film](#)

Swiss Sailing et SST AG utilisent l'instrument PISTE pour les sélections dans les cadres régionaux et le Talent Pool. Nous déposons une demande auprès de la Swiss Olympic pour l'attribution de la Swiss Olympic Talent Card (SOTC) R aux membres des cadres régionaux et de la SOTC N aux membres du Talent Pool.

Les critères suivants sont valables pour les classes juniors, tels que définis dans le Concept de Promotion de la Relève et dans la Structure de Cadre.

Tous les critères du système PISTE sont intégrés sur la plate-forme web TeamData.Log utilisée par Swiss Sailing et Swiss Sailing Team.

Les critères suivants issus de PISTE sont saisis et appliqués :

Critères de sélection	Talent Pool / Cadre Régional
1. Evaluation environnementale et « planification de carrière »	Fondation
2. Performance aux compétitions	Prérequis obligatoire
3. Appréciation des entraîneurs	50%
4. Test sportif	50%
5. Feedback final au TSC ou du Talentscouting régional	50%
6. Engagement en faveur de Cool&Clean et Antidoping.ch	Mesure obligatoire pour les détenteurs de la SOTC

Pour plus d'informations, [cliquez ici](#).

3. STRUCTURE DES CADRES VOILE / PLANCHE

Swiss Sailing a construit la structure des cadres selon le modèle FTEM de Swiss Olympic, qui compte comme Concept cadre pour le développement du sport et des athlètes en Suisse.

Foundation 1

[NKotW](#): New Kids on the Water est le trait d'union entre Swiss Sailing et toute autre association (clubs, associations, écoles, villes et communes, organismes publics, etc.) qui organise des activités didactiques et récréatives pour les plus jeunes (9-12 ans). NKotW a pour but d'être un point d'accès ouvert et flexible pour une première expérience de navigation.

Foundation 1-2

Club de voile: **Les clubs dispensent les fondamentaux** et introduisent les enfants et les jeunes à la voile. Ils y apprennent les bases et sont sensibilisés au monde de la régate. Chaque club peut atteindre cet objectif en organisant une école de voile d'été et en la prolongeant au fil des saisons favorables, ou en entrant en contact avec les écoles locales ou les institutions publiques. Les journées portes ouvertes sont une initiative

Foundation F1-F2-F3 “Breitensport”

F1- Discover, learn and practice basic movements and games

F2- Discovering different sports and leading an active lifestyle

F3- To engage in a specific sport (with/without competition)

A large red circle containing the word "Clubs".

Clubs

- Sailing school
- Competition team
- J&S Coaches
- NKOTW boats

A large red circle containing the word "Classes".

Classes

- Promotion Camps
- Organization Inter-club training

Foundation F1-F2-F3 “Breitensport”

F1- Discover, learn and practice basic movements and games

F2- Discovering different sports and leading an active lifestyle

F3- To engage in a specific sport (with/without competition)

Involve and enthuse new sailors



Clubs

- Sailing school
- Competition team
- J&S Coaches
- NKOTW boats



Classes

- Promotion Camps
- Organization Inter-club training

Talent T1 - Regional Cadre

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Regions

- **Transparent communication between regions and clubs**
- Collect the best sailor in the region
- Coordinate inter-club activities
- Increase the volume of activity where the club is missing
- Support the sailors in the selections events
- Run together with SST and the NLZ the PISTE Processes
- Be the bridge between SST and the sailors

Talent T2 – Talent Pool

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SST

- **Coordination of the talent pool activity with region and club activity**
- Provide a high-level coach
- Collect the best sailors at the national level
- Support the sailors in dedicated training sessions
- Provide the tools to the sailors to reach their goals and follow the next step
- Prepare the sailors with the Youth Development Programme to be a 360° athlete

Talent T3 – Youth Team U19 classes

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SST

- **Guide and support the sailor/athlete on his/her pathway**
- Support the sailors to reach the results, focus to the YSWC
- Provide the tools to the sailors to reach their goals and follow the transition to the Olympic Classes
- Prepare the sailors with the Youth Development Programme to be an athlete
- Provide them with dedicated support with mental, nutrition and fitness preparation
- Support them in their University studies in collaboration with the NLZ-Unil-EPFL

Talent T4 – Youth Team Olympic classes

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SST

- **Support the Sailor/athlete on his/her transition moment**
- Provide the tools to the sailors to reach their goals and follow the transition to the elite level
- Prepare the sailors with the Youth Development Programme to be an athlete
- Provide them with dedicated support with mental, nutrition and fitness preparation
- Support them in their University studies in collaboration with the NLZ-Unil-EPFL
- Support them in the Army system
- **Coordinate the activity that regions, classes and clubs can provide**

Talent T4 – Youth Team Olympic classes

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SST

- **Support the Sailor/athlete on his/her transition moment**
- Provide the tools to the sailors to reach their goals and follow the transition to the elite level
- Prepare the sailors with the Youth Development Programme to be an athlete
- Provide them with dedicated support with mental, nutrition and fitness preparation
- Support them in their University studies in collaboration with the NLZ-Unil-EPFL
- Support them in the Army system
- **Coordinate the activity that regions, classes and clubs can provide**

Only with the support of all active people will the sailors be able to achieve their goal.

NWF System

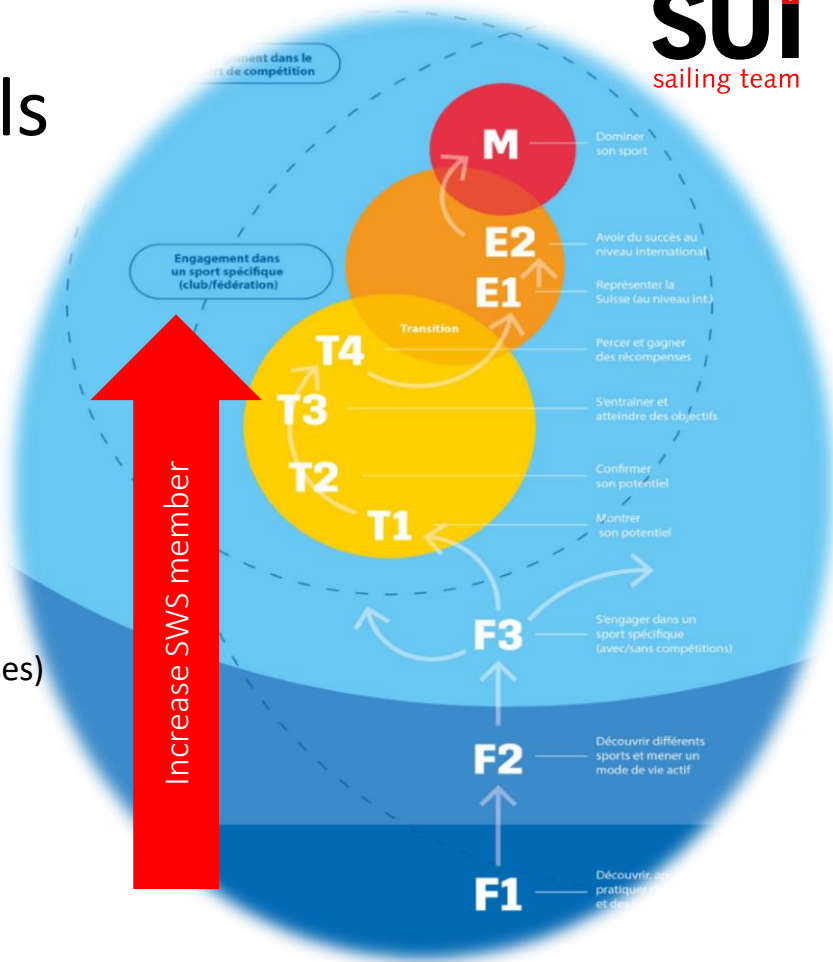
How to support the activity

- Swiss Olympic system applied to all the Swiss Federation
- Being an organization recognized by SwS and Swiss Olympic, promoting the youth activity “*Trägerschaften*”
- Responsibility of Swiss Sailing to collect and verify the information provided by the *Trägerschaften*
- Reporting and declaration applied every two years
- Employed or mandate professional coaches
- Work with sailors owner of the SOTC

All the information are available on the SwS website in the youth section → directives NWF

My goals

- T4 Have more sailors in the Olympic campaign
- T3 Support the sailors in the transition class (be the bridge with the Olympic classes)
- T2 Qualitative support for the Talent Pool activity (coordination with the region activities)
- F3 BIGGER BASE (be connected with clubs and classes)



How to achieve the goal together

- The athlete is at the center
- Collaboration and transparent communication between the different supporters
- Professionalisation of coaches and management
- Financial support using the different systems: G&S, NWF, canton, swissloss, Sporthilfe, sponsors

Dankeschön,
Merci,
Grazie,
Thank you.

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